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# Types of CPD Activity and Examples

It is important that CPD is a mixture of different types of activity from each section.

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| **Work based learning** |
| * Learning by doing
* Receiving coaching/n-service training
* Adapting user/student notes
* Creating procedural documents
* Updating procedural documents
* Reading procedural documents
* Writing reports
* Updating reports
* Reading reports
* Writing business plans
* Updating business plans
* Reading business plans
* Writing clinical audit tools
* Updating clinical audit tools
* Reading clinical audit tools
* Writing clinical guidelines
* Updating clinical guidelines
* Reading clinical guidelines
* Writing action plans
* Updating actions plans
* Carrying out action plans
* Filling in questionnaires
* Reading quality mark documents
* Attaining National Occupational Standards (NOS)
* Creating induction materials for new members of staff
* Updating Induction materials for new members of staff
* Reading Induction materials for new members of staff
* Contributions to work of a special interest group (SIG)
* Updating engineering, technical and measurement skills
* Recording of sabbaticals, secondments, attachments and work placements
* Achieving Quality marks (CHI, QAA. CPA, HQS ISO9000 etc)
 | * Researching new devices that will be central to project development.
* Carrying out reflective practice
* Discussions with colleagues (e.g. idea generation, problem solving)
* Peer review of own work, including presentations to colleagues
* Involvement in the work of employer (e.g. being a representative on a committee)
* Work shadowing
* Taking secondments
* Participating in job rotation
* Attending a journal club
* Participating in a journal club
* Starting a journal club
* Reading literature and case studies
* Reviewing literature and case studies
* Writing literature and case studies
* Creating presentations to give clients, regulators, policy makers etc.
* Giving presentations to clients, regulators and policy makers etc
* Supervising staff or students
* Visiting and reporting on other departments
* Expanding your role
* Analysing lessons learned (reflection)
* Analysing significant events
* Carrying out project work or project management
* Providing evidence of learning activities undertaken as part of your progression on the Knowledge and Skills Framework
* Updating documents of general value (procedures, protocols, guidelines, etc)
* Reading documents of general value (procedures, protocols, guidelines, etc)
* Writing documents of general value (procedures, protocols, guidelines, etc)
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| **Professional activity** | **Formal / educational** |
| * Involvement in a professional body’s activities
* Contributing to the work of a professional body
* Membership of a special interest group (SIG)
* Lecturing or teaching new material or to a new category of audience
* Being a Mentor
* Being a Mentee
* Being an examiner
* Being a tutor
* Taking an exam
* Attending branch meetings
* Organising branch meetings
* Organising journal clubs or other specialist groups
* Maintaining or developing specialist skills
* Being an expert witness
* Membership of other professional bodies or groups
* Giving presentations at conferences
* Presenting a poster at a conference
* Organising accredited courses
* Taking an accredited course
* Supervising research
* Being a national assessor
* Being promoted or taking on a new role
* Evaluating journal articles read or refereed
* Reading journal articles
* Discussing the articles with colleagues
* Carrying out editorial activities for peer-reviewed journals
* Promoting the career to others formally or informally
* Networking with professionals in other organisations
 | * Attending courses
* Attending further education course
* Attending higher education course
* Carrying out distance learning
* Reading research papers/proposals/ funding applications/ethical approval applications
* Creating research papers/proposals/ funding applications/ethical approval applications
* Updating research papers/proposals/ funding applications/ethical approval applications
* Attending conferences or scientific meetings
* Writing articles or papers
* Attending seminars/presentations
* Taking courses accredited by a professional body
* Writing courses accredited by a professional body
* Planning or running a course
* Producing course programme documents
* Reading course programme documents
* Writing articles produced for publication
* Reading published articles
* Updating engineering, technical and measurement skills
* Learning new skills in information management and technology
* Taking part in management development
* Taking part in statutory and mandatory training including health and safety, manual handling, etc
* Improving communication skills formally or informally
* Taking part in quality assurance
* Reading lecture notes
* Writing lecture notes
* Taking part in learning contracts
* Writing examination papers
* Taking an examination
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| **Self-directed learning** | **Other** |
| * Reading journals/articles
* Reviewing books or articles
* Discussing books or articles with colleagues
* Updating knowledge through the internet
* Keeping a file of your progress
* Completing course assignments
* Writing books and book chapters
* Reading books and book chapters
* Carrying out reflective practice
* Writing reports on new/updated equipment or techniques
 | * Carrying out public service
* Carrying out voluntary work
* Taking non work related courses
* Developing leadership skills
* Strategic thinking/planning
* Developing organisational/planning skills
* Improving finance skills
* Improving coaching/counselling skills
* STEMNET volunteering
* Running or attending youth groups or sports teams
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# Types of CPD Activity and Examples

 Can you think of any other activities like these that could count towards your CPD?

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 Your plans/ideas for this year………

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