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# Types of CPD Activity and Examples

It is important that CPD is a mixture of different types of activity from each section.

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| **Work based learning** | |
| * Learning by doing * Receiving coaching/n-service training * Adapting user/student notes * Creating procedural documents * Updating procedural documents * Reading procedural documents * Writing reports * Updating reports * Reading reports * Writing business plans * Updating business plans * Reading business plans * Writing clinical audit tools * Updating clinical audit tools * Reading clinical audit tools * Writing clinical guidelines * Updating clinical guidelines * Reading clinical guidelines * Writing action plans * Updating actions plans * Carrying out action plans * Filling in questionnaires * Reading quality mark documents * Attaining National Occupational Standards (NOS) * Creating induction materials for new members of staff * Updating Induction materials for new members of staff * Reading Induction materials for new members of staff * Contributions to work of a special interest group (SIG) * Updating engineering, technical and measurement skills * Recording of sabbaticals, secondments, attachments and work placements * Achieving Quality marks (CHI, QAA. CPA, HQS ISO9000 etc) | * Researching new devices that will be central to project development. * Carrying out reflective practice * Discussions with colleagues (e.g. idea generation, problem solving) * Peer review of own work, including presentations to colleagues * Involvement in the work of employer (e.g. being a representative on a committee) * Work shadowing * Taking secondments * Participating in job rotation * Attending a journal club * Participating in a journal club * Starting a journal club * Reading literature and case studies * Reviewing literature and case studies * Writing literature and case studies * Creating presentations to give clients, regulators, policy makers etc. * Giving presentations to clients, regulators and policy makers etc * Supervising staff or students * Visiting and reporting on other departments * Expanding your role * Analysing lessons learned (reflection) * Analysing significant events * Carrying out project work or project management * Providing evidence of learning activities undertaken as part of your progression on the Knowledge and Skills Framework * Updating documents of general value (procedures, protocols, guidelines, etc) * Reading documents of general value (procedures, protocols, guidelines, etc) * Writing documents of general value (procedures, protocols, guidelines, etc) |

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| **Professional activity** | **Formal / educational** |
| * Involvement in a professional body’s activities * Contributing to the work of a professional body * Membership of a special interest group (SIG) * Lecturing or teaching new material or to a new category of audience * Being a Mentor * Being a Mentee * Being an examiner * Being a tutor * Taking an exam * Attending branch meetings * Organising branch meetings * Organising journal clubs or other specialist groups * Maintaining or developing specialist skills * Being an expert witness * Membership of other professional bodies or groups * Giving presentations at conferences * Presenting a poster at a conference * Organising accredited courses * Taking an accredited course * Supervising research * Being a national assessor * Being promoted or taking on a new role * Evaluating journal articles read or refereed * Reading journal articles * Discussing the articles with colleagues * Carrying out editorial activities for peer-reviewed journals * Promoting the career to others formally or informally * Networking with professionals in other organisations | * Attending courses * Attending further education course * Attending higher education course * Carrying out distance learning * Reading research papers/proposals/ funding applications/ethical approval applications * Creating research papers/proposals/ funding applications/ethical approval applications * Updating research papers/proposals/ funding applications/ethical approval applications * Attending conferences or scientific meetings * Writing articles or papers * Attending seminars/presentations * Taking courses accredited by a professional body * Writing courses accredited by a professional body * Planning or running a course * Producing course programme documents * Reading course programme documents * Writing articles produced for publication * Reading published articles * Updating engineering, technical and measurement skills * Learning new skills in information management and technology * Taking part in management development * Taking part in statutory and mandatory training including health and safety, manual handling, etc * Improving communication skills formally or informally * Taking part in quality assurance * Reading lecture notes * Writing lecture notes * Taking part in learning contracts * Writing examination papers * Taking an examination |

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| **Self-directed learning** | **Other** |
| * Reading journals/articles * Reviewing books or articles * Discussing books or articles with colleagues * Updating knowledge through the internet * Keeping a file of your progress * Completing course assignments * Writing books and book chapters * Reading books and book chapters * Carrying out reflective practice * Writing reports on new/updated equipment or techniques | * Carrying out public service * Carrying out voluntary work * Taking non work related courses * Developing leadership skills * Strategic thinking/planning * Developing organisational/planning skills * Improving finance skills * Improving coaching/counselling skills * STEMNET volunteering * Running or attending youth groups or sports teams |

# Types of CPD Activity and Examples

Can you think of any other activities like these that could count towards your CPD?

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Your plans/ideas for this year………

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